

**It's official:  
Obama  
is Dems'  
nominee**



• THURSDAY, AUGUST 14, 2008

metrone



**Dating tips  
from a  
lingerie  
model**



Grade 12 student Kayla Stan gives a plant to Royal Alexandra Hospital patient Amber Griffith yesterday at the hospital as part of the Plants for Patients initiative.

## Student shares love of plants with patients

ANDREAS MORSE  
for Metro Edmonton



A budding horticulturalist is spreading her love of plants to patients at Royal Alexandra Hospital this summer.

Kayla Stan, a Grade 12 student at W.P. Wagner, has been enrolled in her high school's unique horticulture program since Grade 10.

"I've always loved plants," she said. "I want to share that with other people as well."

This is the first time Stan has taken on a project like this and she's hoping it will grow into something bigger.

"Right now I have a goal of 300 plants for this hospital and then I'll evaluate and maybe look at expanding as well."

**"She has a lot of  
compassion for her  
community ..."**

Volunteer coordinator

Amber Griffith, in the Royal Alex for a week because of complications with her pregnancy was thrilled with her plant.

"It feels awesome," she

said. "When my grandmother had flowers delivered to me it just made my room feel better, smell better, and this is going to add to it."

"She has a lot of compassion for her community and a lot of self-initiative," said Susan de Seguin, the hospital's volunteer services coordinator. "I think it's great, it's not something that happens every day. It's unique."

**Food** page 11



**Try rapini for  
a bitter treat**

**Homes** page 10

**Decorate with  
more energy**

## Recognition sought for 'waiting place'

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca



An area of the city which has an ancient Indian burial ground beneath layers of road bed and concrete may be recognized as a National Historical site.

Although it sounds spooky, the Rosedale Flats area in the picturesque river valley has since been noted as one of the most significant historical sites in Edmonton, prompting

one group to lobby for recognition.

"Edmonton was born long before it received its current name," said advocate Lewis Cardinal to Executive City Council yesterday.

The area, bordering 105 Street along River Valley Road, was known by the first Aboriginal settlers as Pehonan, or "the waiting place." It was a waiting place over a millennia that indigenous people came to trade, celebrate, and par-

ticipate in ceremonies, Cardinal said.

If council OKs the proposal, an application will be submitted to the Historic Sites and Monuments Boards of Canada. The review process will likely take up to two years.

"It's been over 3,000 years, what's a couple more?" Mayor Stephen Mandel said with a laugh.

In fact, the history of the area has been dated back over 8,000 years, Cardinal said.

## Trail safety in valley questioned

VICTORIA HANDSIDES  
victoria.handsides@metronews.ca



**Tensions run high among joggers in Edmonton's river valley, who are hanging up their sneakers after three individuals were attacked while utilizing the trail system.**

The attacks all took place on Aug. 13, prompting a police officer to send out a memo to a number of office buildings in the downtown area, warning those walking in the area to proceed with extreme caution.

Police believe the three attacks, on two women and one man, were all perpetrated by the same suspect, a thin aboriginal or middle eastern man in his early twenties, with short, black hair, wearing black clothing.

"There's been no theft, he just wants people to stop," said EPS spokesman Jeff Wuite. "These people are not stopping, they're just yelling and making a fuss, which is what people should do."

Mark Johnson and his girlfriend often jog together after work, but not anywhere near the river valley.

"I won't let her come down here, no way," Johnson said, standing on the side of Grierson Hill, where one of the attacks took place. "I mean, I'll come down here alone during the day, but I don't care what time it is, she's not coming down here on

**"I won't let her [his girlfriend] come down here, no way. I mean, I'll come down here alone during the day, but I don't care what time it is, she's not coming down here on her own."**

jogger Mark Johnson

her own."

Attacks in the river valley often go unreported in the media, and EPS officials stated this string of attacks was something they "didn't want to inform the entire city about."

"We get dozens of attempted assaults every day," Wuite said. "The way it was written, by a police officer, seems a little alarming."

Criminologist Bill Pitt agreed that often attacks on area trails go unnoticed, simply because they've become so common.

"There are so many creepy, crawly characters in the river valley after dark," Pitt said. "I've been saying for years, that it's just not safe for females to be alone down there."

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**Verdict comes in today in violent rape and murder case**

Accused killer Ryan Huppie will learn his fate today at 11 a.m. in Court of Queen's Bench. Huppie is accused of brutally raping and stabbing his next-door neighbour multiple times, after getting high on ketamine and making a \$500 bet with a friend he would commit the violent assault. **METRO EDMONTON**

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# Local



## Clubhouse gets makeover

The Alberta government is teeing up \$300,000 to expand the clubhouse at the municipal St. Paul Golf Club in the town 125 km northeast of Edmonton. That will help drive a new 3,600 square foot clubhouse. The old clubhouse is almost 25 years old and was not upgraded when the golf course was expanded in 2004. "This facility will help enrich this community and add to the civic pride that is evident here," said Lindsay Blackett, Alberta's Minister of Culture and Community Spirit. **METRO EDMONTON**



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## Edmonton cleans up

**VICTORIA HANDSIDES**  
victoria.handsides@metronews.ca

**VOLUNTEER** Our city is getting a little bit squeakier and a little bit cleaner every year, with the help of a few thousand sets of hands.

In fact, the Capital City Cleanup crew has been growing by the hundreds each year and so have the piles of garbage they collect.

Almost 900 "block captains," including Mayor Stephen Mandel, were on the cleanup beat this year, leading teams of clean and serene trash pickers to spruce up some of the filthiest areas in town, including Yellowhead Trail and the river valley.

In 2008, over 1,400 tons of garbage were collected by volunteers, an increase from the 1,200 tons collected last year.

### Lotteries

Lotto 6/49 2, 12, 25, 28, 35 & 48 Bonus 3  
These results are not official.

## Nanotech is big business

City hopes to capture market in lucrative field

**ANDREAS MORSE**  
andreas.morse@metronews.ca

**Edmonton is home to a leading-edge nanotechnology centre and the province is hoping to cash in on the quickly growing sector.**

Nanotechnology is a field of science that focuses on the individual atom or molecule.

The Alberta Centre for Advanced Microsystems and Nanotechnology Products (ACAMP) hosted a grand opening yesterday and lead politicians and tech-savvy businesspeople through their lab in Edmonton's Research Park.

With Alberta's \$130 million nanotechnology strategy, announced in May 2007, the province hopes to capture two per cent of the world's nanotechnology market by the year 2020.

It could mean \$20 billion in annual commercial activity for Alberta and ACAMP

CEO Ken Brizel is the man in charge of achieving that goal.

"Our mandate is to help

turn ideas into real products enabling Alberta's nanotechnology community to compete in a worldwide market," said Brizel, CEO of ACAMP. "We've only just begun."

Doug Horner, Alberta's minister of advanced education and technology, was on hand for the opening as well as Rona Ambrose, federal minister of intergovernmental affairs and western economic diversification.

The province ponied up \$8 million for the centre with Canada's Western Economic Diversification kicking in another \$3.5 million.

"ACAMP is part of Alberta's co-ordinated plan to



Brizel



Doug Horner, Alberta's minister of advanced education and technology, investigates some new technology through a powerful microscope while Rona Ambrose, left, looks on.

bring technology off the research bench and into the market faster and better," Horner said.

ACAMP will focus on

three critical areas in the nanotechnology sector — commercialization, business and product development and marketing.

## Volunteers for head count needed

**POVERTY** Hundreds of volunteers are needed to do a head count of Edmonton's homeless.

The census is completed every two years and will be conducted Oct. 21 around inner-city shelters. In 2006, there were 2,618 homeless people living in Edmonton.

Homeward Trust, a housing resource group, is looking for over 200 volunteers to help with the census. According to stats from Homeward Trust, the number of homeless has risen steadily since 2002.

To get involved call 780-944-5697. **METRO EDMONTON**

metronews.ca

What's online today.

**Watch** reports on yesterday's C-Train accident in Calgary, on successful missions to destroy IEDs in Afghanistan and on the CEO of Maple Leaf Foods absolving regulatory authorities for the listeriosis outbreak

**Read** Billy's Best Bottles for a primer on little-known white wines from Alsace

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If it seems like there are more post-secondary students around these days, there are. There are 4,436 more, in fact. That's how many new Alberta spaces have been created. In the major centres, there's 2,135 in Edmonton and 1,824 in Calgary. **METRO EDMONTON**

# Mass signals start to new school year

ANDREAS MORSE  
for Metro Edmonton



**The Winspear Centre was transformed yesterday, from a performing arts centre into a place of worship.**

More than 3,000 staff members from the Edmonton Catholic School District took part in the Opening District Mass presided over by Archbishop Richard Smith.

The theatre was packed to the rafters for the annual service heralding the beginning of another school year.

From the superintendent and trustees to custodial staff, people were sitting on chairs in the lobby area watching the service on small television sets.

"Welcome back to another school year," Debbie

## Summer's end

- The celebration ends on Tuesday morning for more than 30,000 students, as they head back to 84 different Catholic schools across the Edmonton.

Engel, chairwoman of the Board of Trustees, told the crowd.

This year's service marked an anniversary for the school district.

"This is a special year for us as we celebrate 120 years of Catholic education offered through our district," said Joan Carr, superintendent.

"We have a lot to celebrate."

## ShareYourViews

edmontonletters@metronews.ca



Archbishop Richard Smith presides over the Edmonton Catholic Schools Opening Celebration and Mass, attended by thousands yesterday at the downtown Winspear Centre concert hall.

# Police probe Red Deer's first murder since 2005

**CRIME** The streets of a normally peaceful city south of Edmonton were filled with flashing lights and sirens yesterday, after Red Deer's first murder in years.

RCMP rushed to the scene of what officials will only call "a disturbance" around 1 a.m. yesterday, at a home in the 4700 block of 54 Street. Upon arrival, police found a 41-year-old man suffering from multiple injuries — police won't say what kind of wounds they were. The man was rushed to hospital by ambulance.

Immediately afterward, police found another man suffering serious injuries in

a vehicle about a block away. He was also taken to hospital, but "he passed away shortly after arriving at the hospital," said Cpl. Sabrina Grunow.

Though police have yet to lay any charges, they have detained the 41-year-old man in connection with the murder and were tight-lipped about how the two men knew each other.

"The two were known to each other," Grunow said.

Red Deer hasn't seen a murder since June 2005, when 21-year-old Grant Shoemaker was stabbed over 30 times in his home.

VICTORIA HANDSIDES/METRO EDMONTON

# Canine team tracks down teen

**WARRANT** A 17-year-old boy was arrested on a Canada-wide warrant early yesterday morning thanks to a very localized Storm.

Just after 3 a.m., Const. Adam Segin and his police dog Storm were doing a patrol near 108 Street and 37 Avenue when Segin spotted a suspicious truck.

The officer saw the same truck moments later on 34 Avenue and 108 Street. It

had been abandoned and had been left running.

Segin determined the truck was stolen and the canine team picked up a track through the area, leading them to a shed where the teenager was hiding.

The 17-year-old was arrested for being unlawfully at large. He was also charged with possession of stolen property over \$5,000.

METRO EDMONTON



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— Canadian Real Estate, March-April, 2008

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Hundreds of people gathered in downtown Montreal yesterday to protest government cuts to arts and culture programs. Artists, singers, actors, writers and politicians spoke out against some \$48.5 million in funding cuts announced by the Conservative government earlier this summer. **REUTERS**

# Canada

**"To find a large tylosaur like this, it's pretty rare."**

Anita Janzic from the Canadian Fossil Discovery Centre speaking about the fossil find of an 11-metre-long, 80-million-year-old ancient sea creature in Manitoba.



## Big find

A public dig organized by the Canadian Fossil Discovery Centre has turned up the biggest fossil find in Manitoba in nearly 30 years.

CBC NEWS ONLINE

### News in brief

**OUTBREAK** Maple Leafs chief executive Michael McCain said yesterday his company was fully accountable for a nationwide outbreak of listeriosis food poisoning, which has been linked to deaths of 15

people. McCain went on to say that Maple Leaf has excellent systems and processes in place, but this week those systems failed and absolved the regulators and the Canadian food safety system of any fault.

**REAL ESTATE FRAUD** Two Vancouver men have been arrested and charged following complaints of fraudulent real estate transactions totalling more than \$30 million, B.C. police said.

**GANG BUST** Fourteen people have been arrested after a year-long investigation into a violent Calgary gang. \$2.6 million in goods were seized, Calgary police announced yesterday.

METRO CANADA

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A miscommunication appears to have caused a mobile crane to hit a light rail transit train in northwest Calgary yesterday, injuring six people and snarling traffic in the area.

## Crane derails Calgary train

NEIL MACKINNON  
Metro Canada



**A collision between a stationary crane and a southbound Calgary C-Train sent six people to hospital with minor injuries, including a child.**

The crane's boom cracked the cap of the train right down the centre yesterday, derailing it while smashing the windshield onto the driver. He was later removed from the train on a spinal board as a precautionary measure, said Calgary EMS' Stuart Brideaux. Sebastian

Gariepy, 27, felt a massive jolt that popped him up off his seat as the passengers screamed and he went to the driver's cab, pulling what was left of the windshield off the unconscious man. "I'm still shaking a little bit from it, it was quite the experience."

Calgary police blamed miscommunication for the crash. The crane company said they would conduct their own investigation into the reason for the crash.



OnlineVideos  
metronews.ca

## Election appears inevitable

**CANCELLED TRIP** Prime Minister Stephen Harper gave fresh signs yesterday of triggering a general election soon.

Governor General Michaëlle Jean, who would formally be responsible for any election call, was asked to cancel her trip to China to represent Canada

Sept. 6 at the Paralympic Games in Beijing.

"It is recommended that it is prudent for the Governor General to be in the country given the current political climate," Harper's press secretary said.

The soonest a general election could be held is Oct. 14.

REUTERS

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# World/Business

## Dems name Obama candidate

Clintons pledge their support in emotional show of unity

**To shouts of "Yes we can," Democrats nominated Barack Obama yesterday as their presidential candidate, a historic first for a black American, backed by his former rivals Bill and Hillary Clinton.**

Obama made his first appearance at the Democratic convention, stepping onto the stage after his running mate, Sen. Joe Biden, accepted his nomination.

"I think the convention has gone pretty well so far. What do you think?" Obama said to cheering dele-

gates after hugging Biden and his wife Jill on stage.

Former President Bill Clinton, who has been slow to warm to Obama after his wife lost a bruising primary battle, gave Obama an unwavering seal of approval in his speech.

"My fellow Democrats, I say to you: Barack Obama is ready to lead America and to restore American leadership in the world," the former president said to roars of approval.

Earlier, in an emotional show of unity, Sen. Hillary

**"Obama is our candidate, and he will be our president."**

Sen. Hillary Clinton

Clinton strode onto the floor of the party's national convention during a roll call of the states and formally asked Democratic delegates to suspend their count and approve Obama's nomination by acclamation.

"With eyes firmly fixed on the future, in the spirit of unity ... let's declare togeth-

er in one voice right here, right now, that Barack Obama is our candidate and he will be our president," she said.

Her request was quickly accepted by the presiding official, House of Representatives Speaker Nancy Pelosi of California.

When Pelosi pounded a gavel to declare Obama the nominee, delegates held hands together up high and swayed to the song Love Train.

"Yes we can!" they chanted. "Obama!"

REUTERS

## Business

### Petro-Can refinery unit back online

**Petro-Canada has restarted a key processing unit at its Edmonton refinery but will keep alternative gasoline supply arrangements in place to help relieve shortages, it said.**

Customers in Alberta and British Columbia — where as many as 90 gas stations have run out of fuel in the past three weeks — would likely see supply improvements by this weekend.

The unit was producing gasoline, and the company would use standard ramp-up production to increase production, spokesman Jon Hamilton said yesterday. He added they would con-

**"We're ... not out of the woods — it's not business as usual."**

Petro-Can spokesman

tinue to rely on Vancouver supplies.

"We're certainly not out of the woods — it's not business as usual," he said.

The refinery's catalytic cracker — which was to generate gasoline as the refinery was fitted with new oil sands processing equipment — suffered an outage on Aug. 3 just as the rest of the refinery was shutting down.

REUTERS

## Thailand Royalist protests



A member of the People's Alliance for Democracy waves a Thai flag at the prime minister's compound in Bangkok yesterday. Thousands of royalist protesters stormed the compound, calling for the demise of the elected government.

## Gustav leaves 23 dead in Haiti, Dominican

Storm headed for Gulf, New Orleans

**DISASTER** Tropical Storm Gustav left Haiti and the Dominican Republic yesterday after causing floods and mudslides that killed 23 people and threatened to head for New Orleans and Gulf of Mexico oil fields.

Gustav could hit the U.S. coast, its most likely destination, Monday.

Louisiana Gov. Bobby Jindal put New Orleans residents on alert, saying evacuations could begin as early as Friday, just before the Labour Day weekend.

"Our state is better prepared than it has been be-

fore to respond to a major disaster," Jindal said. "But I want to emphasize that our citizens have a personal responsibility."

The storm lingered for a day near Haiti, where heavy rains often cause disastrous mudslides.

Gustav's rains, predicted to total up to 62 cm in some areas, killed at least eight people in the Dominican Republic and 15 in Haiti, officials said.

Among the dead in Haiti were at least three killed in a mudslide and another person hit by a falling tree.

REUTERS

## Dead Sea Scrolls are going digital

**ISRAEL** Scientists are taking digital photographs of the Dead Sea Scrolls, with the aim of putting the 2,000-year-old documents online. The project will be complete in two years. **REUTERS**

## News in brief

**RUSSIA** President Dmitry Medvedev looked for support for Moscow's tough line over Georgia, which has inflamed relations with the West and stoked fears of a new Cold War. The Kremlin leader flew to Tajikistan this week for a security forum with China and four Central Asian states at which the crisis in Georgia was likely to be discussed.

**INDIA** The Dalai Lama, the exiled Tibetan spiritual leader, cancelled two foreign trips to rest and undergo medical tests, his aide said yesterday. The Nobel Peace Prize winner returned to Dharamsala, the north Indian town where he lives, on Sunday after a visit to France, during which he criticized Chinese policies in Tibet.

REUTERS

## Sell our water: Think-tank

**TORONTO** Canada should start large-scale exports of its water, think-tank Montreal Economic Institute said. It proposes setting up regulatory framework and user incentives to ensure responsible sales and use.

If 10 per cent of Quebec's water was sold, for example, the province could generate \$6.5 billion yearly.

Opponents said the nation's water isn't as plentiful as people think.

TORSTAR NEWS SERVICE

## ABCP decision should be fast

**OTTAWA** Both sides involved in a dispute over a restructuring plan for asset-based commercial paper (ABCP) have asked the Supreme Court of Canada to expedite any hearings it might hold, in the event of an appeal.

A lawyer for one opposing company says they aim for a late September hearing on the market restructuring. Those opposing plan to file an application for permission to appeal on Tuesday.

REUTERS

## Business in brief

**BANKS** CIBC shares jumped up 5.33 per cent yesterday to \$60.10 a share after it reported its third quarter results. The company says it made a profit of \$71 million despite \$885 million in credit charges.

**PIPELINE** Enbridge Inc. said it's begun construction of the Canadian part of the \$3-billion, 1,607-kilometre Alberta Clipper pipeline that will eventually ship 800,000 barrels of crude oil a day.

REUTERS

## METRO Edmonton

10123 - 99 Street NW  
Edmonton, AB T5J 3H1  
Tel: 780-702-0592

Advertising:

adinfoedmonton@metronews.ca

Editorial:

metroedmonton@metronews.ca

Distribution inquiries:

edmonton\_distribution@metronews.ca

metro\_inquiries@metronews.ca

edmontonletters@metronews.ca

Local:

Publisher, Steve ShROUT

Managing Editor, Rob McLaughlin

rob.mclaughlin@metronews.ca

Marketing Manager, Blaine Schlechter

Distribution Manager, Jim Hillman

National:

Group Publisher, Bill McDonald

Editor-in-Chief, Dianne Rinehart

Art Director, Laila Hakim

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# Red Sox trade for outfield depth

The Boston Red Sox bolstered their outfield yesterday by landing veteran Mark Kotsay from the Atlanta Braves in exchange for minor league outfielder Luis Sumoza. Kotsay was hitting .289 with six home runs and 37 RBI in 88 games with Atlanta this season. **METRO NEWS SERVICES**



9

# Sports



## Merriman to play despite injury

Linebacker Shawne Merriman, left, told the San Diego Chargers yesterday that he has elected not to undergo surgery on his injured left knee, and instead will try to play this season despite reportedly having two torn ligaments. According to a story in the San Diego Union-Tribune yesterday, Merriman faces the possibility of career-threatening injury if he tries to play without surgery. **METRO NEWS SERVICES**

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

# Favourites advance

**Second seed Jelena Jankovic and former champion Svetlana Kuznetsova had to work much harder than expected to shake off their opponents in the second round of the U.S. Open yesterday.**

Serb Jankovic squandered a match point in the second set before scraping past Swede Sofia Arvidsson 6-3, 6-7, 7-5 and Russian Kuznetsova overcame a slow start to beat Romanian teenager Sorana Cirstea 7-6, 6-1.

Olympic champion Elena Dementieva, however, had no complaints about not playing to her potential after completing a 6-2, 6-1 demolition of Pauline Parmentier of France.

Eighth-seeded Vera Zvonareva became the latest casualty at the final grand slam event of the

year, losing 6-3, 6-3 to Tatiana Perebiynis of Ukraine. Serbian third seed Novak Djokovic survived an injury scare before beating Frenchman Arnaud Clement 6-3, 6-3, 6-4 in the first round of the men's event.

Fifth-seeded Russian Nikolay Davydenko made even smoother progress, charging into the second round with a comfortable 6-3, 6-3, 6-3 win over Israel's Dudi Sela.

Lindsay Davenport defeated Russian teenager Alisa Kleybanova 7-5, 6-3 in the second round.

Former world No. 1 Andy Roddick roared past grand slam veteran Fabrice Santoro of France 6-2, 6-2, 6-2.

Frank Dancevic of Niagara Falls, Ont., lost to 18th-seeded Nicolas Pietrangola of Spain 6-3, 6-4, 7-5.

REUTERS



Jelena Jankovic of Serbia defeated Sofia Arvidsson of Sweden 6-3, 6-7, 7-5 to advance to the third round at the U.S. Open tennis tournament in Flushing Meadows, N.Y., yesterday.

## SCOREBOARD

MLB	San Francisco	58	74	.439	9%	17	NL BATTING LEADERS
	San Diego	51	82	.383			Name, team AB R H AVG
							Jones Atl 375 69 134 .357
							Pujols StL 424 80 151 .356
							Holliday Col 455 95 155 .341
							Berkman Hou 461 99 152 .330
							Theriot Chic 484 71 152 .314
							Lee Hou 436 61 137 .314
							Winn SF 474 72 147 .310
							Schumaker StL 450 78 139 .309
							Molina StL 401 34 124 .309
							Hudson Ariz 407 54 124 .305
							<b>CFL</b>
							WEST DIVISION
							Name, team W L T PTS
							Saskatchewan 6 2 0 12
							EDMONTON 5 3 0 10
							Calgary 5 3 0 10
							B.C. 4 4 0 8
							WEST DIVISION
							Name, team W L T PTS
							Montreal 5 3 0 10
							Toronto 3 5 0 6
							Hamilton 2 6 0 4
							Winnipeg 2 6 0 4
							<b>WEEK 10</b>
							TOMORROW'S GAME
							B.C. at Montreal, 5:30
							SUNDAY'S GAME
							Winnipeg at Saskatchewan, 1
							<b>BASEBALL</b>
							GOLDEN BASEBALL LEAGUE
							GAMES FEATURING THE
							EDMONTON CRACKER CATS:
							LAST NIGHT'S GAME
							EDMONTON at Calgary
							TONIGHT'S GAME
							EDMONTON at Calgary, 7

## Purcey loses pitching duel

Rays 1 Blue Jays 0

**MLB** Carlos Pena homered and Matt Garza went 7 2/3 strong innings as Tampa Bay edged Toronto, 1-0, in the second tilt of a three-game series at Tropicana Field last night.

Garza (11-7) allowed only six hits without a run for the Rays, who snapped a two-game losing streak, but remained 3 1/2 games ahead of second-place Boston in the AL East. The Red Sox clobbered the Yankees, 11-3, last night.

"Tonight I was fortunate that one was enough," Garza said. "This team finds a way to win."

Joe Inglett collected a pair of hits for the Blue Jays, who have dropped three of five.



Toronto Blue Jays starter David Purcey allowed only five hits and one run over eight innings while striking out 11, but took the loss.

David Purcey (2-5) pitched well in defeat, scattering five hits and allowing one run over eight innings, and fanning a career-best 11 batters without a walk.

"They gave me the ball tonight, I felt that I went out there and did my job, kept us in the game," Purcey said. "That's all you can do."

TORSTAR NEWS SERVICES

## Sports in brief

**NHL** Joe Sakic has decided to play at least one more season and yesterday re-signed with the Colorado Avalanche.

**NHL** The San Jose Sharks signed defenseman Marc-Edouard Vlasic to a four-year contract extension, the team announced yesterday.

**NBA** Golden State Warriors

guard Monta Ellis underwent successful surgery yesterday to repair a torn deltoid ligament in his left ankle and will be sidelined a minimum of three-plus months.



Vlasic

**NFL** Defensive end Derrick Harvey ended his 33-day holdout on Wednesday, and has agreed to a deal with the Jacksonville Jaguars that could

reportedly be worth more than \$33 million.

**NFL** The Tampa Bay Buccaneers traded defensive end Marques Douglas to the Baltimore Ravens yesterday in exchange for undrafted draft picks.

**NFL** The Chiefs have released kicker Jay Feely, ending his stint with Kansas City after only two days of practice.

METRO NEWS SERVICES

## Do you have psoriasis on your face?

## Do you know someone who does?

Psoriasis is a life long skin disease that causes dry, red scaly patches (called "lesions") on the skin. **FACIAL PSORIASIS** most often affects the eyebrows, the skin between the nose and upper lip, the upper forehead and the hairline.

Right now, a local dermatologist is looking for volunteers to participate in a facial psoriasis research study involving an investigational treatment.

If you or someone you know is 18 years of age or older and suffers from facial psoriasis, please contact **Stratica Medical** at:

**780-497-7652**

**Dr. Norman Wasel, Dermatologist  
Edmonton**

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## Student housing can have style

### Arresting Design

**Jeffrey Fisher & Tammy Schnurr**


busted@arrestingdesign.com

It's that time of year again — university and college-bound students will soon be arriving in university towns all across the country. But instead of taking a strictly utilitarian approach to furnishing student housing, why not take several days to decorate with flair and creativity? We know you'll

appreciate the effort come those days and nights of studying, assignments and essays.

First of all, new paint is always a crowd pleaser. It is relatively inexpensive, hides dirt and wear and gives a new zip to a well-worn space. Calming and muted colours such as sage or a creamy beige may be

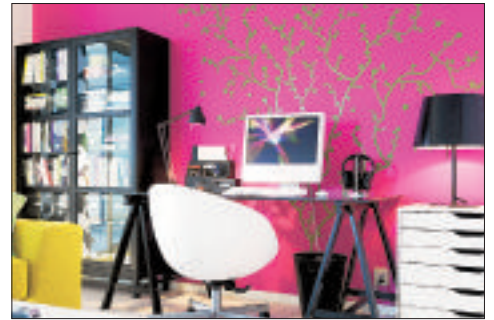
best to encourage good study habits, but dramatic colours can be fun too. You can limit a dramatic shade to one wall, as too much colour in a small space may be claustrophobic.

And speaking of paint, here is an awesome way to make it do double duty: Look into chalk paint, which now comes in 10 colours including the black and green traditionally used for blackboards.

You can paint the inside panels of a door so that messages can be chalked onto your door, or a wall in the kitchen for shopping lists or for listing kitchen duties, for example.

Here's another opportunity to make a wall more versatile — you can use magnetic latex primer under your paint to make your wall into a huge magnetic board. The primer is black but several layers of paint in any colour will cover it.

If the owner of the space allows it, you may even wallpaper one wall in a dra-



The SLATTHULT Japanese birch wall decal from IKEA is a self-adhesive decal that is easy to put up and take down.

matic pattern. Or purchase small squares of interesting wallpaper and frame it as you would frame a picture. The Home Depot even carries wallpaper made of FSC (Forest Stewardship Council) approved wood.

We also love some of the large-scale wall decals, such as huge 4-foot-high flowers — they can add pizzazz to an otherwise uninteresting space. Check out the Blik brand-name for these. They are great because they

can be peeled off and reapplied in another location.

Finally, don't forget that fabrics are strong design elements. On a bed, consider investing in coordinated bright new linens with matching pillows.

With a little extra effort, you'll have such stylish student housing that you'll actually look forward to studying.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.



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## Top lighting tips for your home

**It's basic decorating principle: Good lighting will make or break your scheme — FACT! Set a confident illuminated mood and you'll instantly pop the rest of your plans to life. Set mood incorrectly, however, and you'll forever languish in under- or over-lit spaces that will comprehensively undermine your efforts elsewhere.**

And the best news? Lighting your home is NOT the difficult science that some designers tell you it is.

We prefer to keep things fuss-free as we set tone and atmosphere. Yup, if you follow our tips you'll be home and dry!

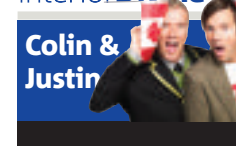
### Dimmer switch

Sometimes the smallest changes can make the biggest difference; add a \$20 dimmer switch to create flexible mood control at the twist of a button.

### Combo lighting

Don't expect a centre pendant to provide sufficient illumination. The best-lit rooms are served

### InteriorDivine



by a combo of overhead and side lighting.

### Hallway dressing

Hallways look wonderful when dressed with long slim console tables propped on either end, with attractive lamps that complement overall décor. Position a mirror between to bounce light even further.

### Do a little shopping

Stores such as Ikea, HomeSense, Zellers and Home Outfitters now stock a surprisingly "of the moment" selection of bright ideas.

When was the last time you popped by?

### Lighting pools

To create atmospheric lighting pools, position discreet lamps behind sofas and chairs but ensure that

fabrics don't get too near light bulbs to avoid heat build up and fire risk.

### Task lighting

Under-cabinet kitchen "task" lighting is a great way of providing extra illumination when preparing food, but also looks great at night as mood lighting when overhead options are switched off.

So there you have it — lighting really is that simple! Just one last thing... don't forget our favourite source of quality bargains: Online auction sites, particularly eBay!

No longer simply a list of private ads for far-off bargains, eBay now carries a host of virtual retailers who've chopped their pricing structures seriously lean to tempt your dollars. Often 25 to 45 per cent less than typical high-street prices, you're sure to feel thoroughly switched on by what's on offer.

See you next week!

Colin McAllister and Justin Ryan are the hosts of HGTV's Colin & Justin's Home Heist and authors of Colin & Justin's Home Heist Style Guide.



**Body benefits**

Rapini is a very good source of fibre, protein, vitamins A, C, E & K, thiamin, riboflavin, niacin, vitamin B6, folate, calcium and iron.

METRO NEWS SERVICES

# Food

**"Rapini can be sautéed, braised, steamed, stir-fried or microwaved."**

Barb Holland/for Metro Canada

**Cooking**

Rapini needs only 2 to 6 minutes of cooking. Don't overcook — you want crisp, green rapini.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

## Cabbage's curly, cute cousin

**À la carte**

**Barb Holland**

Metro Food Writer

I was introduced to rapini by cookbook author and colleague Emily Richards, best known as one of the hosts of Canadian Living Cooks, on the Food Network. Emily was demonstrating a recipe from her cookbook, *Italian Express* (HarperCollins Publishers). She blanched a bunch of rapini, then chopped it and added it to a frittata. I was hooked on its bitter and mustardy flavour. Also known as

broccoli rabe, broccoli raab or broccoli di rape, this vegetable does look a little like broccoli with its edible stems, dark green leaves and small bud clusters. Much loved by the Italians, it is a member of the cabbage family, hence the somewhat pungent flavour. After blanching, it is often sautéed in olive oil with garlic, or tossed with pasta such as this recipe.

**Rapini with Pasta and Tomatoes**

You can shortcut the big pot of boiling water by cooking rapini quickly in the microwave. If you can find cans of cherry tomatoes, stock up on them; their sweetness help to balance the rapini a bit.

Serve with crusty bread. Makes 4 servings.

**INGREDIENTS:**

- 8 oz (250 g) penne or rotini pasta, about 3 cups (750 mL)
- 1 bunch rapini
- 2 tbsp (30 mL) olive oil
- 1 onion, chopped
- 1 clove garlic, minced
- 14 oz (398 mL) can cherry tomatoes or a 19 oz (540 mL) can chunky pasta tomatoes
- 1/2 tsp (2 mL) red pepper flakes, optional
- 1/2 cup (125 mL) freshly grated Parmesan cheese, more to pass at table
- Salt and pepper

**METHOD:**

In a large pot of boiling, salted water, cook pasta until al dente. Drain and return pasta to pot to keep



Rapini does look a little like broccoli with its edible stems, dark green leaves and small bud clusters.

warm.

Meanwhile, rinse rapini and trim 1-inch (2.5 cm) off stem ends (compost). Chop rapini into 1-inch (2.5 cm) lengths. Place in a large microwave bowl, add 1/4 cup (60 mL) water, cover and microwave 5 to 6 minutes, or until bright green and still quite crisp (don't overcook). Stir during cooking.

meanwhile, rinse rapini and trim 1-inch (2.5 cm) off stem ends (compost). Chop rapini into 1-inch (2.5 cm) lengths. Place in a large microwave bowl, add 1/4 cup (60 mL) water, cover and microwave 5 to 6 minutes, or until bright green and still quite crisp (don't overcook). Stir during cooking.

Drain well. (Alternately blanch the rapini in the pasta water before cooking pasta. After adding rapini, bring back to a boil, then scoop rapini out and drain. Cook pasta.)

In a large skillet, heat oil over medium heat. Add onion and garlic and sauté a few minutes to soften. Add tomatoes (with liquid) and red pepper flakes. Cook until mixture comes to a boil, reduce heat and simmer a few minutes. Stir in rapini and cook until heated through. Toss with pasta and cheese. Season to taste with salt and pepper and pass additional cheese.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

## Beautiful eats by the beach

Shutters on the Beach in Santa Monica, Calif., is an iconic, luxury seaside resort that is often frequented by the Hollywood elite. In her new cookbook, *The Summertime Anytime Cookbook: Recipes from Shutters on the Beach* (Clarkson Potter), co-owner Dana Slatkin uses her years of experience to bring secrets from the famed hotel into every home. Metro got a hold of this 'meaty' recipe:

**Shutters Vegetarian Burger**

Many restaurants appease their vegetarian guests by slapping a frozen vegetable patty on the grill and serving it up burger-style. Not at our boardwalk café. This burger deserves an extra-large whole grain or sprouted-wheat bun.

**INGREDIENTS:**

- 1/4 cup barbecue sauce
- 2 tbsp. soy sauce
- 1 tbsp. of hoisin sauce
- 1 tbsp. molasses
- 1 (15-ounce) can black beans, drained
- 2 cups cooked brown rice
- 1 tbsp. oat bran or wheat germ
- 2 tbsp. finely chopped onions



The Summertime Anytime Cookbook, hardcover, is available at Amazon.ca for \$23.91.

- 1 tbsp. minced garlic
- 2 tbsp. finely chopped cooked beets (fresh or canned)
- 1 tbsp. minced jalapeno pepper, seeded
- 2 tsp. extra-virgin olive oil, plus additional for cooking
- 1/2 tsp. ground cumin
- 1/2 tsp. chile powder
- Kosher salt and freshly ground pepper
- 1 large egg white, beaten
- 6 slices of Monterey jack or sharp Cheddar cheese

**METHOD:**

In a small container, stir together the barbecue sauce, soy sauce, hoisin sauce, and molasses.

In a large bowl, mash the beans with a fork. Stir in 3 tablespoons of the barbecue sauce mixture along

with the rice, oat bran, onion, garlic, beets, pepper, oil, cumin, and chile powder. Season to taste with salt and pepper before adding the egg white. Form into 6 patties, each about an inch thick. Brush the burgers with the remaining barbecue sauce mixture.

Heat a heavy skillet over medium-high heat and add a thin film of oil. Cook the patties until they are well charred on each side, about 4 minutes per side, being careful when flipping them as they fall apart easily. Top them with the cheese and cook until the cheese is melted, about 2 minutes. Transfer the burgers to serving plates.

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Adama Kai, a fashion designer trained in New York and Paris, recently organised a photo-shoot in Aschobi, Sierra Leone's capital, to promote her new store and company, Aschobi Designs. "In the same way that Versace stands for Italy,... I want Aschobi to stand for African fashion," she said. **REUTERS**

**Haute couture in Sierra Leone**

# Style



## Club Monaco's chic new petal pushers

This fall is shaping up to be the season of statement jewellery. Paying homage to its Canadian roots, Club Monaco, the New York-based retail chain, has issued a collection of cuffs, charm bracelets and necklaces with the fleur de lys symbol. The stylized lily flower symbol, long associated with the French monarchy and Quebec, makes for a charming detail on accessories. Perfect for down-on-their-luck aristocrats with loads of style but low on cash. From \$149 to \$279. Left: Fleur De Lys chain and beads with charm, \$79. **TORSTAR NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Preppy is back

## Style File

**Kim Elbo**



kim.elbo@metronews.ca

### ask kim

I want to buy makeup lines like Cargo, Kevin Aucoin and Stilla. Do you know any place in Delta that carry these lines? - Simone, Delta

Try shopping online at [sephora.com](http://sephora.com) or [beauty-mark.ca](http://beauty-mark.ca); they ship all across Canada.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

### preppy knits

The preppy look is back in sweaters. Short sleeve sweaters adorned with bows, crescents and stripes are what you'll be seeing in stores this fall. Look out for prep sweaters in the not so usual colours of pink, blue and purple. Try the look with a blazer or a tailored skirt then complete it with a pair of mary jane shoes, like the Lizza shoe in black or gunmetal by Coach.

### fall bags

Berry picking season is over but berry-coloured bags are everywhere. Think of under- or over-ripened sweet berry colours of deep purples, blues and even magentas.

### accessory

Try out some of fall's hottest cool colours. \$10 O.P.I Available at most professional salons across Canada.



#### Stripes

Designer: Joe Fresh  
Shop: Superstore  
Address: Various Locations  
joe.ca



#### Bow

Designer: BB Dakota  
Shop: Front & Company  
[frontandcompany.ca](http://frontandcompany.ca)



#### Polo Preppy

Designer: Fred Perry  
Shop: Gravity Pope Tailored Goods  
[gravitypope.com](http://gravitypope.com)



#### Messenger Bag

Designer: Matt & Nat  
Shop: Spank  
Address: Various Locations  
[spankclothing.ca](http://spankclothing.ca)



#### Shoulder Bag

Designer: m0851  
Shop: m0851  
[m0851.com](http://m0851.com)



#### Hand Bag

Designer: Andrea Brueckner  
Shop: Kiss & Makeup  
[kissandmakeupstore.com](http://kissandmakeupstore.com)



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**McCartney to play Israel 43 years after ban**

Sir Paul McCartney is to play a concert in Tel Aviv on Sept. 25 — 43 years after being banned from performing in Israel with the Beatles, with the government fearing they would corrupt young fans. **BBC NEWS ONLINE**

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# Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.ca



Opray Winfrey

**Winfrey top talk-show earner**

**TV** No one comes close to rivaling Oprah Winfrey as the highest paid talk-show personality, imdb.com reports.

In the latest Forbes magazine list, Winfrey holds the top spot with \$275 million US a year, nearly four times the amount that the second person on the list, radio shock-jock Howard Stern, earns each year (\$75 million). Third place wound up in a tie between David Letterman and Judge Judy Sheindlin, who each earned about \$45 million, while Dr. Phil McGraw rounded out the Top 5 with \$40 million.

**Original 90210 stars make up**

**TV** The original 90210 kids long since left high school, and apparently they've left the old high-school drama behind, too, People.com reports.

Shannen Doherty, the most notoriously difficult member of the original cast, says things are positively pleasant between her and Jennie Garth on the set of the new 90210. "There was almost a comfort in knowing that I was getting to work with somebody who had been on the original with me and gone through the same experiences," she told Radar magazine.

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**Rick McGinnis**

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## Verve return near perfect

**The Verve**

Album: Forth

Label: Parlophone/EMI

Rating: ⓈⓈⓈ

**THE VERVE RETURNS** after a decade away with a near-perfect album of passive-aggressive Brit-rock. The synth hook on Love Is Noise is clever enough to make some waves on the pop charts, but not quite strong enough to break The Verve free of the radio bondage of its signature hit, Bitter Sweet Symphony. But that's OK. The last thing we want is for The Verve to morph into another Coldplay. The strength of this record is its battle between anthemic pop-rock (Love Is Noise, Sit And

**AlbumReviews**

music@metronews.ca

Wonder, Rather Be), psychedelic gentility (Valium Skies, Judas) and brain-snatching extended freaks (Noise Epic, Numbness, Columbo). **Graham Rockingham**

**Hawksley Workman**

Album: Los Manilicious

Label: Isadora/Universal

Rating: ⓈⓈⓈ

**DESPITE THE QUESTIONABLE** cover art — picture a bald Hawksley Workman lying in water — and the odd title, the Toronto singer-songwriter's tenth disc might be his best in years. On Los Manilicious, Work-



The Verve have returned with new album Forth, now in stores.

man delivers an eclectic mix of gritty tunes that jumps from Big Sugar-like sounds (When You Gonna Flower) to Hot Hot Heat (Kissing Girls) and straight-up radio friendly rock (Loney People). While some might be put off by all the genre-hopping, the tunes are infectious enough to put the fading Canadian songwriter back on the map.

Bryan Borzykowski

**The Game**

Album: LAX

Label: Geffen/Universal

Rating: ⓈⓈⓈ

**A GUEST LIST** featuring Lil Wayne, Ice Cube and Nas, among others? Impressive. Excessive name-checking? Not so much. Some punchy nods

**Borrowed rights**

Hilary Swank, along with producing partner Molly Smith, has acquired the rights to adapt Emily Giffin's New York Times Best Seller, *Something Borrowed*, to the big screen. **TVGUIDE.COM**

to classic gangsta-rap, cinematic R&B grooves and all bookended by the fiery gospel according to DMX? Impressive. World-out-to-get-me diatribes that come across tired and desperate? Not so much. **Ian Nathanson**

**Matthew Sweet**

Album: Sunshine Lies

Label: Shout Factory

Rating: ⓈⓈⓈ

**IF THERE'S ANYONE** you can count on to deliver crisp, succinct power pop it's Matthew Sweet. The guitar slinger made it big in 1991 with hit song Girlfriend and released a number of solid albums after that. Sunshine Lies harkens back to Sweet's best songwriting days — the disc is full of fun, upbeat rock, perfect for those nostalgic for the '90s. **Bryan Borzykowski**

**critics' corner****Batman Beyond: Return of the Joker**

In the darker style of the "Batman Beyond" series, this 2000 direct-to-video movie has Terry, Bruce Wayne's successor, confronting the Joker after the evil mastermind nearly kills Wayne. Voices include Will Friedle, Kevin Conroy, Mark Hamill, Dean Cain, Angie Harmon, Teri Garr, Mathew Valencia and Arleen Sorkin. 11 PM on TOON

**Exiled**

Revenge is sweet! You know all those annoying reality shows focusing on spoiled brats who think everyone should give them everything just because they exist? Well, this series is payback. Those bothersome little gnats from "My Super Sweet 16" are shipped off to live with indigenous tribes all over the world. We're betting the moms and dads in these tribes won't put up with any of the teens' foolishness. 8 PM on MTV

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/28/08	2	CFRN	239 318	eTalk	Jeopardy!	CSI: Miami	Flashpoint	Flashpoint	CSI: Crime Scene Invstgtn.	News (N)		
	3	KHQ	- 370	NFL Preseason Football	Football	Democratic Convention	News	Jeopardy!	Wheel-Fortune	Dateline NBC		
	4	CBXT	- 307	Coronation St.	Who Do-Think	iPod "Fine China" (DVS)	Chocolate Confidential	CBC News: The National	The Hour			
	6	KREM	- 372	News (N)	Hollywood	Democratic Convention	Big Brother 10	CSI: Crime Scene Invstgtn.	Paid Program			
	7	CKEM	241 347	Friends	Friends	Biography "Elmore Leonard"	Ugly Betty (HDTV)	Biography "Jason Priestley"	Your City			
	8	CTV	240 339	ET Canada	Entertainment	Big Brother 10	Beverly Hills, 90210	Le Téléjournal (SC)	News Hour			
	12	CBXFT	119 705	Des squelettes	Gars fille	Perdus (HDTV) (SC)	Bons baisers de France (SC)	Le Téléjournal (SC)	TJ Alberta			
	13	KLY	- 371	4 News at 6	4 News at 6:30	Democratic Convention	Ugly Betty (HDTV)	Grey's Anatomy	Entertainment			
	16	KAYU	- 373	70s Show	The Simpsons	TwoHalf Men	The Moment of Truth (N)		News (N)			
	19	CHTV	- 70s	Show	ET News	Zoe Suesek: Wild Card (N)	Hush (2005, Suspense) Toni Spelling	Tahmoh Penikett.	News (N)			
news	22	KSPS	- 374	(6) Democratic National Convention (HDTV) (Live)			Sherlock Holmes Mysteries	Globe Trekker (DVS)	Soundstage			
	24	WTVS	- 364	(6) Democratic National Convention (HDTV) (Live)			Red Green	Brotherly Love	Tavis Smiley	Charlie Rose (N)		
	15	CBNC	502	CBC News: The National	Democratic Convention		CBC News: The National	CBC News: The National	Nature-Things			
	21	TWN	505 398	(5) EarthWatch One	EarthWatch One		EarthWatch Two					
	27	CNN	500 500	(4) Democratic National Convention	Democratic National Convention from Denver.				Larry King Live	Cooper 360		
	54	CTV	501 391	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	
	60	BNN	504 508	Taking Stock	Market Call		Business News	Market Call Tonight	Strictly Legal	Taking Stock		
	20	TSN	400 400	(5) U.S. Open Tennis Second Round	(HDTV) (Live)		SportsCentre		Cagefighting Highlights	Poker Night		
	23	net	408 418	MLB Baseball	Sportsnet Connected		Saturday Night Poker	Sportsnet Connected	Best-Sports			
	47	SPEED	417 406	Pinks -- All Out (HDTV)	Wrecked (N)   Wrecked		Pinks (HDTV)	Pass Time	Pinks -- All Out	Pinks -- All Out		
sports	94	SCORE	410 403	Hardcore Champ. Fight	Score Tonight		Stump-Schwab	Score Update	Score Update			
	9	EDACC	267 351	Law & Order: Criminal Intent	Stargate SG-1		Missing "John Doe"		Dogwalker	Help TV		
	14	YTV	552 543	Drake & Josh	H2O, Just Add	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach
	17	TREE	553 546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Dragon (DVS)	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	gleen	Johnny Test	George-Jungle	Tom & Jerry	Tom and Jerry	6teen	Total Drama	Futurama	Batman-Beyond
	45	FAM	557 541	Zoe 101	Life Derek	That s-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Sucre-salé	Docteur Jerry et Mister Love *** (1963, Comédie)				Héros "Dans cinq ans" (HDTV)	TVA 22 heures	
	18	CMT	575 583	Reba	Hope & Faith	Home Improve.	Roseanne	Karaoke Star "Winnipeg, MB"		Reba	Hope & Faith	Home Improve.
	25	A&E	615 520	The First 48 (HDTV)		Jacked: Theft	Jacked: Theft	Crime 360 "Fatal Feud"		The First 48 (HDTV)		The First 48
	26	MMM	571 581	Canadian Idol	Where You At	I Want to Work for Diddy		Party of Five		Canadian Idol Top four.		Canadian Idol
family	29	FOOD	603 561	Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America		Unwrapped
	31	SHO	617 522	Trailer Park	Billable Hours	ReGenesis "The Trials"		Intelligence (DVS)	G-Spot	Exes & Ohs	Secret Diary	
	32	DISC	520 505	Mammals vs. Dinos		MythBusters		Daily Planet	Sport Science (Part 2 of 2)	Mammal-Dino		
	33	SLICE	601 562	Last 10	Bulging Brides	The Biggest Loser		Rich Bride, Poor Bride	Bulging Brides	Biggest Loser		
	34	W	602 567	Shopping Bags	House	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Open House
	35	TLN	521 560	American Chopper		Street Customs (HDTV)		Overhaul (HDTV)		Street Customs (HDTV)		Amer. Chopper
	36	BRAVO	620 523	(6) Restoration *** (1995, Drama)			Cleveland	Law & Order "Blood"		Without a Trace		Entourage
	38	SPIKE	628 584	TNA IMPACT! (N)				UFC Unleashed		Real Vice	Whacked Out	
	40	HIST	522 506	Death on the Eastern Front		NCIS "The Immortals"		Crime Stories		Death on the Eastern Front		Death-Front
	41	COM	626 547	Laughs	Comics!	Air Force	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park	Reality Bites
cable variety	43	SPACE	627 528	Recon 2020: The Capri Massacre (2004), Kevin Kelsall				Stargate SG-1 (DVS)		Star Trek: Voyager		Star Trek: Ent.
	44	WPNH	294 650	The Juror *** (1996, Suspense) Demi Moore.				Seinfeld	Frasier	Frasier	The Juror *** (1996)	
	46	OLN	411 457	Word Travels	Stranded: With	Departures "Thailand"		Pilot Guides		Don't Forget Your Passport		Word Travels
	48	TROP	619 525	Tube Tales	Vanity Insanity	Inside Hollywood		ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld
	50	STAR	621 527	Katie & Peter: Next Chapter		The Tonight Show-Jay Leno		eTalk	TMZ	Katie & Peter: Next Chapter		Hollywood
	52	HGTV	600 564	The Fix	Disaster DIY	Junk Brothers	The Big Flip	Holmes on Homes		Restaurant Makeover		The Fix
	65	TLN	700 800	(6) Question of Privilege		The Sopranos (SS)		Raymond	Raymond	Raymond	Paid Program	Latin Lover
	93	VISION	269 350	First Talk	News	Overseas Leg. From the Spirit		Canadian Geographic		Reel Insights Sled-dogs.		The Mix
	92	APTN	261 394	Carousell *** (1956, Musical) Gordon MacRae, Shirley Jones.				Shrines		Wait Until Dark *** (1967, Suspense)		
	100	MTV	581 566	The Hills	Super Sweet	Exiled	MTV Presents	MTV Live	After	From G's to Gents		Exiled
cable variety	101	MM	570 580	Muchmsc Ctdn	Instant Star	Instant Star	Instant Star	Technical Diff.	disBand	Pimp My Ride	Technical Diff.	Muchmsc Ctdn
	102	CPAC	512 396	(3) America Votes 2008: Democratic National Convention				PrimeTime Politics		Question Period		Public Record
	103	CLT	526 507	(6) Last Chapter		Traders		The West Wing		The District		Last Chapter
	105	TV5	145 761	(6) On n'est pas couché		Partir	Design	Journal TV5	Cinéma	Pas bête "Un safari indien"		Cité guide
	106	RDI	126 730	Le Téléjournal (SC)		Convention		Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal

## Celebrity Buzz

## Sheridan, Bolton split

**BREAKUP** Nicollette Sheridan and Michael Bolton are again going their separate ways, *People.com* reports.

"Nicollette Sheridan and Michael Bolton have amicably ended their engagement," said Nicole Perna, a rep for the actress.

"They appreciate your respect for their

privacy in this matter."

The couple's relationship originally started in 1992, and lasted for five years.

The musician, 55, and the *Desperate Housewives* star, 44, resumed seeing one another in 2005.

In March 2006, they announced their wedding engagement.

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GETTY IMAGES PHOTOS

## Aguilera wants another

**FAMILY** Christina Aguilera wants another baby, *femalefirst.co.uk* reports.

The singer, who gave birth to her first child, Max Liron, in January, revealed she and husband Jordan Bratman hope to add to their brood because they love parenthood so much.

"It is the best thing you will ever do in your life," she said. "It just lights up my whole world when Max laughs. 'Being a mother just gives you a whole new sense of purpose, and it's just the most amazing thing. I was in awe of the entire experience of pregnancy — the entire journey was just incredible.'"

**METRO NEWS SERVICES**



## celebrity brief

## Kate Moss sure can be a tricky mom

**PARENTING** Super-model Kate Moss tricks her daughter into eating her vegetables by bribing the five-year-old with designer hand-me-downs, *imdb.com* reports.

Moss admits she "black-mails" Lila Grace, whose

father is magazine editor Jefferson Hack, into finishing her dinner by promising her access to her wardrobe.

"When she's 16 she will get my clothes," Moss says.

"All those Pucci numbers and things that I wore when I was 17 that I won't really wear — I'm saving them for her."

**METRO NEWS SERVICES**



## Here's some sexy advice, guys: Shut up

**RELATIONSHIPS** Victoria's Secret stunner Adriana Lima may be off the market, thanks to her engagement to Minnesota Timberwolves Marko Jaric, but she's still offering tips on how a fella can land his very own angel, the *New York Daily News* reports.

"Be yourself," Lima told the newspaper in an interview.

"And don't talk about yourself too much. That's not sexy."

So no talking about, say, owning your own private plane?

"No," Lima said with a laugh.

"Don't tell me about your jet."

"I'm not interested."

**METRO NEWS SERVICES**



## celebrity brief

## Hudson defends self over lawsuit

**IN COURT** Kate Hudson has fired back at claims she stole the idea for a line of hair-care products, *imdb.com* reports. The actress was named in a lawsuit which suggests she took a sample given to her by bosses at 220 Labs and created her own line with it.

with David Babaii. A spokesperson for the actress denies it: "Kate does not know the plaintiffs."

**METRO NEWS SERVICES**

## celebrity brief

## Tyler sisters met at Aerosmith gig

**FAMILY** Model-turned-author Mia Tyler had no idea actress Liv Tyler was her half-sister when the pair first met at an Aerosmith concert, *imdb.com* reports.

Neither girl had been told of the other's existence, but they instinctively knew they were connected after meeting backstage at one of their father Steve Tyler's shows.

Mia, who was eight at the time, recalls, "There was this girl who looked like me. I went home that night and I couldn't stop talking about her, and my mom was like, 'Wait a minute ...' and I think she started putting two and two together and she was like, 'That's your sister.'"

The Tyler sisters have been inseparable ever since, and are now helping each other cope with single life — Mia recently split from fiancé Brian Hara, while Liv is divorcing with Royston Langdon.

**METRO NEWS SERVICES**

## Lohan's daddy is fed up with Ronson relationship

**SOUNDING OFF** Lindsay Lohan's father Michael has slammed his daughter's rumoured girlfriend Samantha Ronson over reports she is to write a tell-all book about her life with the actress, *imdb.com* reports.

Lohan and Ronson have been close friends for several years and are now said to be in a romantic relationship.

Now Ronson is reportedly set to reveal intimate details of her life in a new tome.

"She's certainly telling friends she's planning to write a book," a source says. "It's supposed to be about her, allegedly. But come on, you know Lindsay will be all over that book. She's the only one people want to read about."

The rumours have infuriated Lohan's father, who claims the DJ is just using his daughter to get her own slice of fame.

"I've shut up about this long enough," he says. "She's using my

daughter. People never even knew who Samantha Ronson was until she met Lindsay. She was just some Los Angeles DJ. And now she's writing a book?"

"I am at wit's end with this stuff. This is not in Lindsay's best interest. Let's just say I hope Lindsay starts opening her eyes and realizes who the people using her are."

**METRO NEWS SERVICES**



## Joshua Jackson just cannot let stuff go

**COUPLES** Joshua Jackson is struggling to cope with domesticated life with girlfriend Diane Kruger — because he is such a hoarder, *imdb.com* reports.

The star recently moved in to a New

York apartment with his longtime actress beau, but has had to make some adjustments — especially to his wardrobe.

"Maybe it's a male thing, but we are like pack rats," he says. "There was this shirt from when I was eight, and I was like, 'No, I might wear that some day!'"

**METRO NEWS SERVICES**



## celebrity brief

## It's still Complicated for Denise Richards

**TELEVISION** Denise Richards is in negotiations to star in a second season of her reality TV show *It's Complicated*, *imdb.com* reports.

An E! insider confirms there are plans to shoot a second season of the series:

"The show actually does well for us."

**METRO NEWS SERVICES**

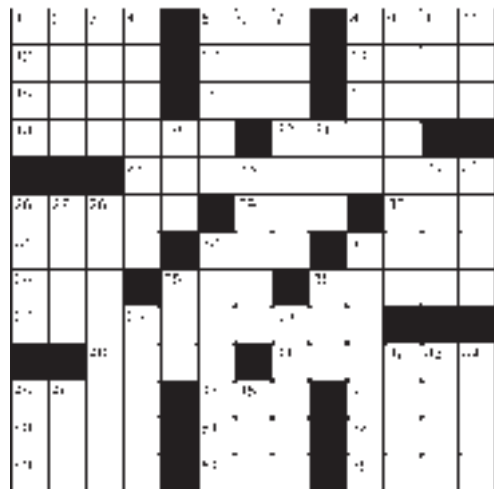


# Another Trudeau

eTalk Quebec correspondent Sophie-Gregorie Trudeau and her husband Justin Trudeau are expecting their second child. Gregoire-Trudeau says she is four months pregnant. The couple has a 10-month-old son.

ETALK

## Take Five



### Crossword down

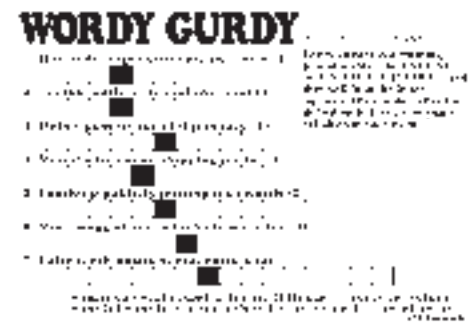
- 1 Resorts international?
- 2 Post-bath application
- 3 Vicinity
- 4 Glitch-causing gnome
- 5 Piece of parsley
- 6 "I thought so"
- 7 Cratchit kid
- 8 Ledge
- 9 Obliterated
- 10 Dadaist Jean
- 11 "Absolutely"
- 19 Brooch
- 21 "You've got mail" biz
- 23 Part of Hispaniola
- 24 Puncturing tools
- 25 Bigfoot's cousin
- 26 Trudge (on)
- 27 Old Italian coin
- 28 Food of the gods
- 32 Putting a whammy on
- 33 Pirate's weapon
- 35 Firmament
- 36 With 37-Across, Batman
- 38 Final bell?
- 39 Spirit
- 42 Tittle
- 43 Monad
- 44 No more than
- 45 Foundation
- 46 Rd.
- 48 Payable

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### Crossword across

- 1 Unescorted
- 5 Weekend abbr.
- 8 Convince
- 12 Henry VIII's sixth wife
- 13 — Beta Kappa
- 14 Employ
- 15 Out of the storm
- 16 Operated
- 17 Omar of "House"
- 18 Shrimp recipe
- 20 Harvard rival
- 22 Sunrise
- 26 Unembellished
- 29 Have a bug
- 30 Have a balance
- 31 Describe
- 32 Muppets creator Henson
- 33 Fervent following
- 34 Scepter topper
- 35 Take a chair
- 36 Rwandan people
- 37 See 36-Down
- 40 Cameo stone
- 41 Balloon fill
- 45 Diamond corner
- 47 Altar affirmative
- 49 Highly rated
- 50 Satan's forte
- 51 Greek consonants
- 52 Use a teaspoon
- 53 Transaction
- 54 Understand
- 55 Fill till full

previous day's answer



### This day in history

AUG. 28, 1963: During a 200,000-person civil rights rally at the Lincoln Memorial in Washington, D.C., Martin Luther King, Jr. gives his famous 'I have a dream' speech.  
AUG. 28, 1964: The Philadelphia race riot begins.  
AUG. 28, 1968: Riots erupt in Chicago, Ill., during the Democratic National Convention.  
AUG. 28, 1982: The first Gay Games are held in San Francisco.  
AUG. 28, 1988: Three aircraft of the Freccia Tricolori demonstration team collide and fall into the crowd where 75 are killed and 346 are seriously injured as part of the Ramstein airshow disaster.  
AUG. 28, 1990: Iraq declares Kuwait to be its newest province.

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### HOW TO PLAY SUDOKU:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

1	6	3	8	4	7	9	2	5
7	9	5	3	2	1	6	8	4
4	2	8	9	6	5	1	7	3
2	8	7	4	1	9	3	5	6
6	4	9	5	3	8	2	1	7
3	5	1	6	7	2	4	9	8
5	1	4	2	8	6	7	3	9
9	7	6	1	5	3	8	4	2
8	3	2	7	9	4	5	6	1

### SUDOKU SOLVE TIME IN MINUTES:

Under 13: ..... Genius  
13-17: ..... Scholar  
17-21: ..... Smart  
21-25: ..... Not bad  
25+ : ..... Keep practising  
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### Horoscopes

AVATAR VENUS

#### ARIES

MARCH 21-APRIL 20

A neutral party will reconcile combatants. An astonished associate has a bizarre escapade. A witness will respond to rumours.

#### TAURUS

APRIL 21-MAY 21

Your perspective will dissolve monumental obstacles. A caller will need medical attention. Refuse to regret having a heart-to-heart chat.

#### GEMINI

MAY 22-JUNE 21

Hasty words will lead to a thrilling predicament. Unconscious urges will ensnare a woman. A practical associate will give a surprising invitation.

#### CANCER

JUNE 22-JULY 22

Don't pretend that all is well. A co-worker settles into a more stable routine. Get a strong grip on your self-control.

#### LEO

JULY 23-AUG 23

A vicious woman's hostility brings good fortune. Having your flaws pointed out leads to insights. Put off a demand for the repayment of a loan.

#### VIRGO

AUG 24-SEPT 22

A rude person will take sides in a dispute. A disorderly guy is chasing after greater pleasures. A business upswing sets plans in motion.

#### LIBRA

SEPT 23-OCT 23

Someone will escape from a dangerous place. Stand firm on your principles. A bashful person will keep things in line.

#### SCORPIO

OCT 24-NOV 22

A mature friend meets the challenge of depression. Remain calm and reflect on a revelation. A woman will exceed your expectations.

#### SAGITTARIUS

NOV 23-DEC 21

A colleague will give you a reward. Anxiety about a job makes for a perplexing message. A religious man is unbelievably optimistic.

#### CAPRICORN

DEC 22-JAN 20

Don't discuss improper info with a fumbling bureaucrat. Your temper flares, but don't give into it. A feisty woman will have a late bedtime.

#### AQUARIUS

JAN 21-FEB 18

A man questions the meaning of life. Favourable acts take place in the dark. An arrogant person has a major impact on your decisions.

#### PISCES

FEB 19-MAR 20

A difficult man will raise complaints. If you let your defences down, a visit will be fun. Go out for a while when trouble disturbs your plans.

### Sudoku

	9	3					5	
7				4			9	
2			9		7	8		
	1			9		7		4
5		2		1			6	
		8	2		9			6
	7		6					5
	2					9	3	

## IT'S ALL ABOUT THE BUZZ.

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## Edmonton weather

### Afternoon



Variable.  
17°

### Tonight



Clear.  
Low 10°

### Friday



Showers.  
17° / 8°

### Saturday



Showers.  
12° / 4°

### Sunday



Mainly sunny.  
15° / 5°



Temperature  
Normals  
High: 20.7°  
Low: 8°

Records  
High: 31.7°/1933  
Low: -1.7°/1909

Sunrise: 6:37 a.m.  
Sunset: 8:31 p.m.  
Moonrise: 3:30 a.m.  
Moonset: 7:46 p.m.

TWN incorporates MSC data



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Kingsway Garden Mall  
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Northgate Centre  
Sherwood Park Mall  
South Edmonton Common  
Southgate Mall -kiosk  
St. Albert Centre  
St. Albert Trail at 137 Ave.  
West Edmonton Mall  
Westmount Centre  
Whyte Avenue at 107 St.

**EDSON**  
330 45th St. Unit 104

**FORT McMURRAY**  
19 Redel St.  
Peter Pond Shopping Centre

**GRANDE PRAIRIE**  
Prairie Mall

**LEDUC**  
4916 50th Ave.

**LETHBRIDGE**  
Lethbridge Smartcenters  
Park Place Shopping Centre

**LLOYDMINSTER**  
Lloyd Mall

**MEDICINE HAT**  
Corry Drive Plaza  
Medicine Hat Mall

**RED DEER**  
Bower Place Shopping Centre  
Parkland Mall

**SPRUCE GROVE**  
Creekside Centre

Also available at these participating retailers:

**CALGARY**  
Connect All

**LETHBRIDGE**  
Protek Communications  
Centre Village Mall

**booth**  
the telephone booth

**«WIRELESSWAVE»**

Offer ends Sept. 30, 2008. Available with valid student card. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Weeknights Mon-Thur, 9pm-7am; Weekends Fri 9pm-Mon 7am. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee) (\$8.95), and one-time device activation (\$35) apply. Long distance and roaming charges (including foreign taxes) may apply outside your local area. With data use, charges apply if you do not subscribe to a data plan or unlimited Mobile Browser and fees may apply for features, content and roaming when outside your local area. Mobile Browser does not include use of your device as a modem to connect to the Internet from your computer; additional per kilobyte data charges apply. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a 3-yr contract term. (2) Applies to local calls and text messages to and from ten designated numbers. Received messages include local, international, roaming and service related messages from Bell and exclude premium, alerts and dial-up messages. Sent messages include local messages and exclude international, roaming, alerts, premium messages and messages sent with an instant messaging application. (3) Simultaneous use of airtime. (4) Applies to long distance calls made from and to Canada, in Bell Mobility and its partners' coverage area. Research In Motion, the RIM logo, BlackBerry, the BlackBerry logo and SureType are registered with the U.S. Patent and Trademark Office and may be pending or registered in other countries - these and other marks of Research In Motion Limited are used under license.